

**2025 TENTATIVE PRACTICE SCHEDULE**

<b>Date</b>	<b>11-14s</b>	<b>15s-18s</b>
January 7 (National/Regional Teams Only)	5:30-7:15	7:30-9:30
January 9 (National/Regional Teams Only)	5:30-7:15	7:30-9:30
January 14 (National/Regional Teams Only)	5:30-7:15	7:30-9:30
January 16 (National/Regional Teams Only)	5:30-7:15	7:30-9:30
January 21 (All Teams Start)	5:30-7:15	7:30-9:30
January 23	5:30-7:15	7:30-9:30
January 28	5:30-7:15	7:30-9:30
January 30	5:30-7:15	7:30-9:30
February 4	5:30-7:15	7:30-9:30
February 6	5:30-7:15	7:30-9:30
February 11	5:30-7:15	7:30-9:30
February 13	5:30-7:15	7:30-9:30
February 18	5:30-7:15	7:30-9:30
February 20	5:30-7:15	7:30-9:30
February 25	5:30-7:15	7:30-9:30
February 27	5:30-7:15	7:30-9:30
March 4	NO PRACTICE (NSIC Basketball)	
March 6	5:30-7:15	7:30-9:30
March 11	5:30-7:15	7:30-9:30
March 13	5:30-7:15	7:30-9:30
March 18	5:30-7:15	7:30-9:30
March 20	5:30-7:15	7:30-9:30
March 25	5:30-7:15	7:30-9:30
March 27	5:30-7:15	7:30-9:30
April 1	5:30-7:15	7:30-9:30
April 3	5:30-7:15	7:30-9:30
April 8	5:30-7:15	7:30-9:30
April 10	5:30-7:15	7:30-9:30
April 15	5:30-7:15	7:30-9:30
April 17	5:30-7:15	7:30-9:30
April 22	5:30-7:15	7:30-9:30
April 24	5:30-7:15	7:30-9:30
April 29	5:30-7:15	7:30-9:30
May 1	5:30-7:15	7:30-9:30
May 6-June TBD	National Teams Only	