Team Level: Regional

Fees Include:

• **2 Practice T-Shirts**	• **2 Game Jerseys**	• **2 Spandex**
• **Sanford Sports Warm Up Shirt**	• **Knee pads**	• **Sanford Mental Performance Training**
• **Discounted *Sanford Sports Performance* Workouts**	• **Full Time Athletic Trainers**	• **Quality/Caring Coaching Staff**
• **2 practices per week**	• **Tournament Fees**	• **Sanford Nutrition Sessions**
• **Coaches' Salaries and Travel**	• **School Prep Camp in August**	• **Discounted Summer Camps**

***Practice Starts 1/5/27**

Team Fees: $2400 +tax;

- **Deposit: $400 at time of team acceptance. Deposits are not refundable and are applied to team fees.**
- **Full fees can be paid in full or monthly (Jan-May)**
- **Fundraising Opportunities will be available**

Not included in team fees:

- **December Training Fees: $75 (2 skill sessions) registration link will be sent upon completion of teams.**
- **AAU Membership**
- **Optional Sanford Sports Performance Sessions**
- **Personal Travel**

Regional Team Schedule

Tournament	Location	Dates	11 Red	12 Black	13 White	14 White	14 Gray	15 White	15 Gray	16 White
Big City Luau	Minneapolis, MN/Rochester, MN	1/23-1/24	X	X	X	X	X	X	X	X
Siouxland Showdown	Sioux City, IA	2/20-2/21	X	X	X	X	X	X	X	X
Pentagon March Meltdown I	Sioux Falls, SD	3/6	X	X	X	X	X			
JVA Showcase	Wisconsin Dells, WI	3/5-3/7						X	X	X
Pentagon Big Sioux Challenge I	Sioux Falls, SD	3/20	X	X	X	X	X			
Pentagon Big Sioux Challenge II	Sioux Falls, SD	3/21						X	X	X
Pentagon Grand Prix	Sioux Falls, SD	4/3-4/4	X	X	X	X	X	X	X	X
Pentagon Spring Fling I	Sioux Falls, SD	4/17	X	X	X	X	X			
Pentagon Spring Fling II	Sioux Falls, SD	4/18						X	X	X
Nebraska Showdown	Lincoln, NE	4/24-4/25	X	X	X	X	X	X	X	X
JVA Midwest Challenge	Des Moines, IA	5/1-5/2	X	X	X	X	X	X	X	X

*Schedules are subject to change

*Updated 10/13

**12 Red Schedule can be found on the National Teams Description and Tournament Schedule.