

Team Level: Regional

Fees Include:

• 2 Practice T-Shirts	• 2 Game Jerseys	• 2 Spandex
• Sanford Sports Warm Up Shirt	• Knee pads	• Sanford Mental Performance Training
• Discounted <i>Sanford Sports Performance</i> Workouts	• Full Time Athletic Trainers	
• 2 practices per week	• Tournament Fees	• Sanford Nutrition Sessions
• Coaches' Salaries and Travel	• School Prep Camp in August	• Discounted Summer Camps

Practice Starts 1/11/27

Practice Days: Mondays/Thursdays, Times TBD

All Practices held at the Sanford Sports Facility (1111 E North St. Rapid City)

Team Fees: \$2100 +tax;

- Deposit: \$400 at time of team acceptance. Deposits are not refundable and are applied to team fees.
- Full fees can be paid in full or monthly (Jan-May)
- Fundraising Opportunities will be available

Not included in team fees:

- December Training Fees: \$75 (2 skill sessions) registration link will be sent upon completion of teams.
- AAU Membership
- North Country Region Membership
- Optional Sanford Sports Performance Sessions
- Personal Travel

Team Tournament Schedule

Tournament	Location	Dates
Watiki Spiketacular (The Box)	Rapid City, SD	Feb 13/14
Frosty Frenzy	Casper, WY	Feb27/28
Cowboy Volleyfest	Casper, WY	March 20/21
Black Hills Volleyfest	Rapid City, SD	TBD
Cross Town Grand Prix	Gillette, WY	April 3/4
Pentagon Grand Prix	Sioux Falls, SD	April 3/4
Pentagon Spring Fling	Sioux Falls, SD	April 17/18
Big Sky Volleyfest	Billings, MT	U16/U18 April 30-May 2 - Billings, MT U16/U18 OPEN April 30-May 2 (pool starts Friday at 2pm) U16/U18 Select-Spirit Divisions - May 1-2 U12/U14 May 8-9 - Billings, MT

***Schedules are subject to change**