

MONDAY NIGHT TRAINING GROUP

Our Monday night training group is for those players who did not make a club team, those players who can't commit to a full season or those that are looking for more skill work. This program is open to grades 5-12. These sessions are designed for skill development. Program includes 8 training sessions. Each player will receive a t-shirt, 1 pair of spandex and knee pads. Should roster spots on teams become available, offers to alternates will come from this group.

Tentative Dates:

January 16

January 23

January 30

February 6

February 13

February 20

March 6

March 13

Cost: \$375