

13 RED ROSTER

#	Name	
1	Brynn	Boehnke
2	Alexa	Kniffen
3	Kaleyah	Ward
4	Sloan	Nielsen
5	Journi	Kirschenman
6	Harper	Miller
7	Kiarra	Young
8	Ella	Rick
10	Brooklyn	Gall

Coach: Rylie Trygstad
Asst: Tatum Beckman

13 RED SCHEDULE

Date	Tournament
Jan 24-25	Big City Luau (Minneapolis, MN)
Feb 14-16	Asics President's Day Classic (Omaha, NE)
Feb 21-22	Siouxland Showdown (Sioux City, IA)
Mar 13-15	Northern Lights Qualifier (Minneapolis, MN)
Mar 21	Pentagon Big Sioux Challenge
Mar 28-29	Pentagon Grand Prix
April 10-12	JVA World Challenge (Louisville, KY)
April 18	Pentagon Spring Fling
May 2-3	MW Mizuno Challenge (Des Moines, IA)
May 9-10	Sioux Falls AAU Super Regional
May 30	Sioux Falls Pre-Nationals Scrimmage
June	AAU Nationals

13 BLACK ROSTER

#	Name	
1	Lexi	Skogen
2	Myra	Koenig
3	Khloe	Dybdahl
4	Alexis	Bliddle
6	Suttyn	Stahl
7	Liberty	Leo
8	Brooklyn	Tobkin
9	Blair	Christoffels

Coach: Courtney Waterbury

13 BLACK SCHEDULE

Date	Tournament
Jan 24-25	Big City Luau (Minneapolis, MN)
Feb 14-16	Asics President's Day Classic (Omaha, NE)
Feb 21-22	Siouxland Showdown (Sioux City, IA)
Mar 13-15	Northern Lights Qualifier (Minneapolis, MN)
Mar 21	Pentagon Big Sioux Challenge
Mar 28-29	Pentagon Grand Prix
April 10-12	JVA World Challenge (Louisville, KY)
April 18	Pentagon Spring Fling
May 2-3	MW Mizuno Challenge (Des Moines, IA)
May 9-10	Sioux Falls AAU Super Regional
May 30	Sioux Falls Pre-Nationals Scrimmage
June	AAU Nationals

13 WHITE ROSTER

#	Name	
1	Kennasyn	Jastram
2	Emma	Kerrigan
3	Blakely	Langner
4	Hailey	Merkel
5	Bryckyn	Laddusaw
6	Harper	Christiansen
7	Harper	McCarthy
8	Greenlee	Meister
9	Evelyn	Velgersdyk

Coach: Courtney Holsteen

13 WHITE SCHEDULE

Date	Tournament
Jan 24-25	Big City Luau (Minneapolis, MN)
Feb 21-22	Siouxland Showdown (Sioux City, IA)
Mar 7	Pentagon March Meltdown
Mar 21	Pentagon Big Sioux Challenge
Mar 28-29	Pentagon Grand Prix
April 18	Pentagon Spring Fling
April 25-26	Nebraska JVA Showdown (Lincoln, NE)
May 2-3	MW Mizuno Challenge (Des Moines, IA)

13 GRAY ROSTER

#	Name	
1	Madalyn	Khaoon
2	Mthany	Ijong
3	Claire	Oleson
5	Alexis	Nyguen
6	Adeline	Boadwine
7	Brinley	McCord
8	Avery	Matzke
9	Tenleigh	Goebel

Coach: Josefine Combs

13 GRAY SCHEDULE

Date	Tournament
Feb 1	Impact 13U Freeze
Mar 7	Pentagon March Meltdown
Mar 22	Barbarian Bout (Augustana University)
March 28-29	Pentagon Grand Prix
Apr 18	Pentagon Spring Fling I
May 9	Pentagon May Day Challenge

13 SILVER ROSTER

#	Name	
1	Ella	Mikkelson
2	Avery	Clarey
3	London	Barron
4	Alanna	Ostrem
5	Olivia	Krahn
6	Ayla	Mikkelson
7	Addison	Weixel
8	Kate	Madsen
9	Valori	Van Wyhe

Coach: Hailey Bleeker

13 SILVER SCHEDULE

Date	Tournament
Feb 1	Impact 13U Freeze
Mar 7	Pentagon March Meltdown
Mar 22	Barbarian Bout (Augustana University)
March 28-29	Pentagon Grand Prix
Apr 18	Pentagon Spring Fling I
May 9	Pentagon May Day Challenge
