SANFORD SPORTS
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WINTER ATHLETE SCHEDULE |2026 – 2027

11/30/26 – 2/18/27

KEY DATES:

11/26 – Thursday - Thanksgiving Day – Facility Closed

11/27 – Friday - Delayed opening – Facility opens at 8:00 a.m.

12/24 – Thursday - Christmas Eve – Facility closes at 1pm

12/25 – Friday - Christmas Day – Facility closed

12/26 – Saturday – Facility closed

1/2 – Facility closed

Downloaded Weeks (No athlete groups*)*

11/23 – 11/28 – FALL Break prior to WINTER session

12/21/26 – 1/4/26 – Holiday Break mid-WINTER session

ATHLETE GROUPS: *All groups include a Nutrition Strategies 60-minute presentation*

HIGH SCHOOL

6:00am – 7:15am **|Monday – Thursday|** (x 4 Day) **$500.00**

4:00pm – 5:15pm **|Monday – Thursday|** (x 4 Day) **$500.00**

MIDDLE SCHOOL

4:30pm -5:30pm **|Monday – Thursday |** (x 4 day) **$450.00**

YOUTH CONDITIONING

4:00pm – 4:45pm **| Fridays only|** (x1 day) **$150**

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