

WINTER ATHLETE SCHEDULE | 2026 – 2027

11/30/26 – 2/18/27

KEY DATES:

11/26 – Thursday - Thanksgiving Day – Facility Closed

11/27 – Friday - Delayed opening – Facility opens at 8:00 a.m.

12/24 – Thursday - Christmas Eve – Facility closes at 1pm

12/25 – Friday - Christmas Day – Facility closed

12/26 – Saturday – Facility closed

1/2 – Facility closed

Downloaded Weeks (No athlete groups)

11/23 – 11/28 – FALL Break prior to WINTER session

12/21/26 – 1/4/26 – Holiday Break mid-WINTER session

ATHLETE GROUPS: *All groups include a Nutrition Strategies 60-minute presentation*

HIGH SCHOOL

6:00am – 7:15am | **Monday – Thursday** | (x 4 Day) **\$495**

4:00pm – 5:15pm | **Monday – Thursday** | (x 4 Day) **\$495**

MIDDLE SCHOOL

4:30pm -5:30pm – | **Monday – Thursday** | (x 4 day) **\$420**

