

# FARGO MARATHON RECOVERY NIGHTS

## Marathon Recovery with Sanford Sports

### Registered for the Fargo Marathon?

Join Sanford Sports for two exclusive Recovery Nights designed to help you bounce back stronger. Take advantage of top-tier recovery tools including Normatec compression boots, foam rollers and Hyperice massage devices. Enjoy protein and hydration samples while exploring our cutting-edge gait analysis room and recovery technologies built for runners like you. Our performance experts will be on-site to guide your recovery and answer your questions. Don't miss this chance to recharge and learn how to optimize your post-race performance!

### Location:

Fargo Parks Sports Center at the Sanford Sports Complex  
Sanford Sports Performance  
6100 38th Street South, Suite B, Fargo, ND 58104

### Dates/Times:

Pre-Race Pickup: Thursday, May 29, 2025 | 5:30 PM – 7:30 PM  
Post-Race Gathering: Monday, June 2, 2025 | 5:30 PM – 7:30 PM

**Cost:** FREE for all Fargo Marathon, Half Marathon, 5K, and 10K participants!