

CENTURY HIGH SCHOOL SUMMER TRAINING 2026



Program Details:

Monday – Thursday @ Century High School

8 weeks – June 1 – July 30

****No Training June 29th-July 3th**

Program Times:

6:00am - 7:00am – Overflow

7:00am - 8:00am – Upperclassman Boys (T/TH will go 8:00am-9:00am)

8:00am - 9:00am – Upperclassman Girls (T/TH will go 7:00am-8:00am)

9:00am - 10:00am – Underclassman Boys

10:00am - 11:00am – Underclassman Girls

11:00am – 12:00pm – Overflow

12:30pm – 1:30pm – Overflow

**GROUPS ARE LIMITED TO 36 ATHLETES PER SESSION*

**More times are available at Sanford Sports. However, they are not limited to Century High School Students.*

COST: \$175/athlete

Choose one of the following to register:

- Call Sanford Sports - Bismarck
- Scan the QR Code
- Sign-up online

Contact Info:

- www.sanfordsports.com
- (701) 323-1125
- 3451 N 14th St Suite C, Bismarck, ND 58503

