

# **BEN BERG BASEBALL ACADEMY**

## **SUMMER BASEBALL PLAYER DEVELOPMENT**

**JUNE 1<sup>ST</sup> – JULY 29<sup>TH</sup>**

### **EVERY MONDAY AND WEDNESDAY STARTING JUNE 1ST:**

- 9-10u: 9:00 – 11:00am
- 11-12u: 11:00-1:00pm

**Cost: \$500**

### **Player Development Details:**

- Movement screening
- Hour 1: Throwing and Defense
- Hour 2: Hitting

### **Post Outcomes**

Upon completing the 8-week camp, the player will improve their overall skills as a baseball player. Defensively, they will work on every position they play and have the opportunity to learn a new position. Offensively, they will learn and improve basic hitting mechanics, which will lead to higher exit velocity. If they are or want to be a pitcher, they will have the ability to learn the basics in pitching or expand their knowledge and skill as a pitcher.

Register at [sanfordsports.com/locations/bismarck](https://sanfordsports.com/locations/bismarck) or call (701) 323-1125

**Training is at the Ben Berg Baseball Academy with Coach Logan Krivoruchka.**