

BEN BERG BASEBALL ACADEMY

SUMMER BASEBALL CATCHING CAMP

JUNE 2ND – JULY 28TH

EVERY TUESDAY, STARTING JUNE 2ND:

- 9-12u: 12:00 - 1:00pm
- 13-15u: 3:00p – 4:00pm

Cost: Catching only - \$300, Contact us to Bundle with Pitching & Hitting Camps

Catching Camp Details:

- Movement Screening
- Video Analysis of Throwing Mechanics
- Pre-Throw and Post-Throw Routine
- Catching Basics, Fundamentals, and Advanced Techniques.

Post Outcomes

Catchers will leave having learned the latest techniques in pitch framing, blocking, and throwing mechanics. New catchers will learn the basics in pitching framing, blocking, and throwing mechanics.

Register at sanfordsports.com/locations/bismarck or call (701) 323-1125

Training is at the Ben Berg Baseball Academy with Coach Logan Krivoruchka.