

SANFORD SPORTS PERFORMANCE

SANFORD SPORTS PERFORMANCE HOME SCHOOL PHYSICAL EDUCATION FALL 2026

WHO: Home School Children, ages 6-12

WHAT: Physical Education - Each class will focus on developing various physical and life skills including:

- Coordination
- Strength
- Speed
- Fitness
- Respect for others
- Communication Skills
- Cooperation in a group setting
- Development of healthy habits

WHEN: 16 Weeks

- August 24th – December 9th, 2026
- Mondays and Wednesdays
- 11:00am – 12:00pm

WHERE: Sessions will take place at Sanford Sports in Bismarck, ND

3451 N 14th Street - Suite C
Bismarck, ND 58503

COST: Participants have the option to sign up for 1x/week or 2x/week

- \$150 for 1x/week, \$250 for 2x/week
- Contact us about pricing for enrolling multiple students per family

HOW TO REGISTER: Call our front desk at 701-323-1125, visit www.sanfordsports.com, or scan QR Code below



